ARISE
SOCIETY



MISSION AND VISION:

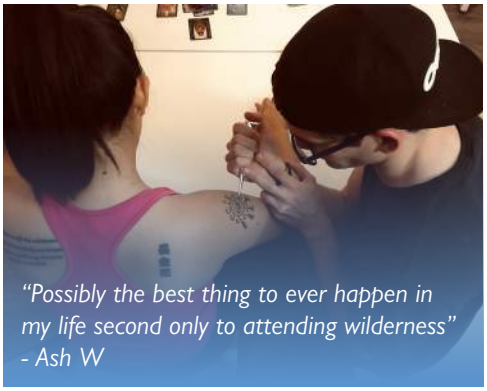
The Arise Society guides young adults toward academic success and the development of meaningful, interpersonal relationships, helping them regain a sense of personal pride and self-efficacy that persists well into adulthood.

We strive to replicate typical college life as much as possible, encouraging our students to be active community members and contributors, while affording them a great deal of autonomy and independence.

The Arise Society
1353 S 460 W
Orem, UT 84058

(801) 300-9995

www.thearisesociety.com
admissions@thearisesociety.com



"Possibly the best thing to ever happen in my life second only to attending wilderness" - Ash W

STUDENT PROFILE:

- Co-ed, 18-26+
- Seeking college or vocational education
- Capacity for full-time learning
- Struggling with anxiety, depression, and/or trauma
- Difficulties with focus and/or motivation
- Learning differences including ADD/ADHD and NVLD
- Mild to moderate social deficits
- **No active chemical dependency or substance addiction**

RESIDENTIAL:

- Independent living
- Two-bedroom apartments
- Fully furnished and equipped
- Shared with one other student
- On-site laundry room
- On-site offices and support

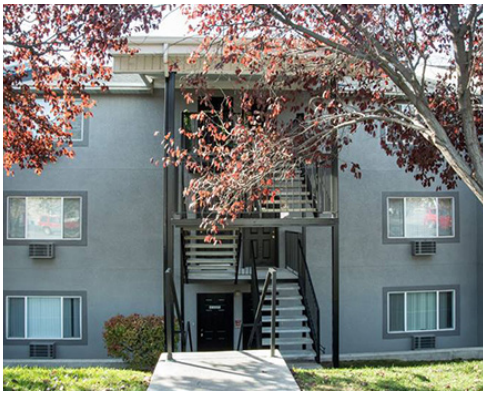
LOCATION:

- Orem, UT
- Across from UVU
- 45 minutes South of Salt Lake City
- 30-45 minutes from world-class hiking, biking, skiing, climbing and fishing
- Public Transit nearby
- Food & grocery stores within a mile



ABOUT UTAH VALLEY UNIVERSITY:

- Year-round, open enrollment
- Semester and block schedule
- 2-year associate degrees
- 4-year bachelor's degrees
- Graduate programs
- Vocational certifications
- Offers scholarships and financial aid
- Accessibilities Services
- Concerts, clubs, sports and events
- Student Life and Wellness Center w/ fitness facilities and climbing wall





Vaughn Heath, PhD
Founder/Executive Director
drvaughnheath@thearisesociety.com

Bringing decades of clinical and residential experience, Vaughn founded The Arise Society in 2015 with the notion that young-adult support should replicate real-life as much as possible. Students benefit from his process-focused group therapy, which facilitates the development of invaluable social skills.



Jeff Larson, LCSW
Clinical Director
jeff@thearisesociety.com

Jeff has years of experience and success working with both the young adult and teenage populations. With his direct, honest and genuine approach, he is an expert in helping students understand and navigate the college world.

ACADEMIC SUPPORT:

- Highly personalized academic plans
- Vocational options available
- Transparency of grades and academic work
- Weekly academic meetings
- Accountability for academic goals
- Supervised class attendance and study hall
- Support for accommodations
- Mentor assistance



"The staff are always available, and connect deeply with students ...Group work is the best I've ever had, and activities are always a blast"- Tim C

CLINICAL SUPPORT:

- Individualized treatment plans
- Individual therapy
- Group therapy
- Therapeutic parent support
- Individualized medication management plans
- Optional psychiatric services



"The set up for me is very helpful because it mimics real life … there is a lot of choice and freedom, but there is also solid support"- Kate L

INDIVIDUAL AND SOCIAL SUPPORT:

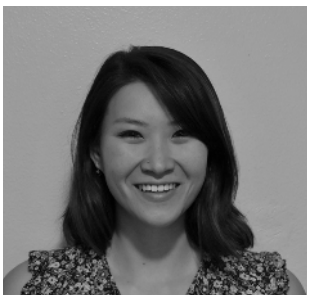
- Mentors on call 24/7
- Executive functioning and organizational coaching
- Daily logistical support
- Optional personal trainer
- Dietary coaching available
- One-on-one mentor time
- Communal office areas
- Weekly community-wide activities
- Student-organized, small group activities
- Optional Arise trips between UVU semesters



Zachary Pope
Academic Director



David Incze
Program Director



Alison Boettcher
Parent Coordinator



Becky Brown
Director of Business Development and Admissions



Ian Dawe, APRN, FNP-C
Nurse Practitioner

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